

A black and white portrait of Marianne de Kuyper, a woman with dark hair pulled back, smiling and looking towards the camera. Her hands are clasped together in front of her. The background is a plain, light color.

## Portfolio

## Marianne de Kuyper

### Contact

Marianne de Kuyper  
(Native Dutch Speaker)  
+ 31 (0)6 163 63 251  
mdekuyper@gmail.com

info@yinyogawithmarianne.com  
www.yinyogawithmarianne.com  
info@superchangechampion.com  
www.superchangechampion.com

### Introduction

I, Marianne de Kuyper, am the founder of *Yin Yoga with Marianne* and *Super Change Champion*; two online platforms on Yoga & Coaching. I guide people on how to apply the tool of Yin Yoga and Personal Development to support themselves whilst dealing with daily impulses and sounds. I do this through (online) yoga classes, trainings, e-courses, coaching sessions & blogs.

### Work Experience

Various Companies  
2002-present

- + Student Coordinator
- + School Guidance Counselor
- + International Student Coordinator
- + Author English Language Materials
- + Author Study Materials
- + English Language Teacher
- + Yoga Instructor
- + Blogger, Writer and Editor
- + Project manager
- + Online Entrepreneur

### Student Coordinator

### School Guidance Counselor

Counselled students with various diagnoses (AD(H)D, Autism & Learning Disabilities) in the age group 10 through 18 from various secondary schools. Composed treatment plans and evaluated the progress with specialists, children and their care takers. Taught children study skills and developed courses. Led peer review meetings and counselled internship trainees and led parent meetings. Kept in contact with parents, mentors, teachers and schools by setting up a newsletter, weekly reports and a newspaper created by students.

## International Student Coordinator

Organised the exchange programmes for national and international exchange students by reorganising the International Department. I organised the administration, e-mails and legal files and made an instructional manuscript for the International Department. Rewrote promotional and informational materials and the website text. Informed international exchange students concerning their tasks, rights and obligations during their exchange.

## Author English Language Materials

Created English language exercises for a DVD and edited old material in the subject 'Trading and Sales'. Responsible for reaching target dates and planning all of the necessary work in collaboration with other editors, final editor and project manager.

## Author Study Materials

Taught children study skills and developed courses on topics like *Dealing with Fear of Failure*, *Getting Skilled*, *Study Skills* and *Train Your Brain*.

## English Language Teacher

Taught English to children, teenagers and adults at various levels from beginner to upper-intermediate (A1 -B1) at various private language schools.

## Yoga Instructor

Taught yoga classes at various national and international Yoga studios, health clubs and resorts. Arranged everything from A-Z: recruiting members, collaborating with other teachers, maintaining work relationships and contact with members, building a network and bonding with them. Concerned with all promotional activities and wrote all the necessary text for printed - and online media.

## Blogger and Writer

Wrote articles for (online) magazines and platforms, mainly in the field of yoga, meditation and personal development.

## Editor

Worked in the position of editor at several companies where I was responsible for writing the content and/or editing the text of various promotional media and led editorial meetings.

## Project Manager

### Online Entrepreneur

Founded several online platforms in the field of yoga, meditation and personal development: *Yogaindebuurt.nl*, *Yinyogawithmarianne.com* and *Superchangechampion.com*. Responsible for the strategy, coordination, organisation, finances and communication & marketing of these freelance businesses.



**Student Coordinator**  
**School Guidance Counselor**  
Spectrum Brabant  
De Onderwijskamer

**International Student Coordinator**  
Gerrit Rietveld Academy

**Author English Language Materials**  
Noordhoff Uitgeverijen  
Thiememeulenhoff

**Author Study Materials**  
Spectrum Brabant

**English Language Teacher**  
British Language Centre (Madrid)  
Windsor Institute (Madrid)  
Hyland Language School (Madrid)  
Studiecentrum Talen Eindhoven  
De Eindhovense School

**Would you like to know more?**  
I'd love to meet up and talk about  
the possibilities or we can create one.

You can contact me on +31 6 163 63 251  
or e-mail me: [mdekuyper@gmail.com](mailto:mdekuyper@gmail.com)

## Yoga Instructor

Het Yoga Atelier, Yoga Garden, Delight Yoga,  
The Movement Practice, Breathe, Health City,  
Spa Zuiver, Sportschool van Den Berg, Samana  
Yoga Centre and all kinds of (substitute) classes  
at several national and international Yoga  
studios, health clubs and resorts.

## Blogger and Writer

Shine, Yoga Magazine, OM Magazine, Yoga  
International, Yoga Krant, Yoga Ladder, Yogi  
Yogi, Oh My Yoga (OMY).

## Editor

En/Of  
De Belastingdienst  
Inschool (OOG)

## Project Manager

## Online Entrepreneur

Yogaindebuurt.nl  
Yinyogawithmarianne.com  
Superchangechampion.com

When we meet, I'll be happy to  
show you examples of my work.